

Signature Box

Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.

- 1.5 lb. New York Strip Steaks (4 x 6 oz.)
- 1.5 lb. Breaded Chicken Breast Chunks
- 1 lb. Lean Ground Beef
- 1 lb. Crunchy Fish Wedges (Bake or Fry-8 ct.)
- 1.5 lb. Pork Chops (4 x 6 oz.)
- 1 lb. **Bonus Item** - Lean Ground Beef
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Carrots
- 1 lb. Frozen Corn
- 1 lb. Frozen Cauliflower Florets
- 1 lb. Pasta
- 26 oz. Pasta Sauce
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs



\$29.00

Fast and Flavorful Cuisine
Convenience meals great for seniors and people living with diabetes!

Ten perfectly seasoned, nutritionally balanced, fully-cooked meals – just heat and serve. Each meal has been developed with dietary needs of senior citizens and people living with diabetes in mind.

- Fish Fillet**, Lightly Breaded & Baked, with a Rice Blend, Carrots and a Broccoli/Red Pepper Blend
- Sweet and Sour Pork** with Rice, a Green Pea/Carrot Blend and Cauliflower
- Red Beans and Rice** with Smoked Pork Sausage, Carrots and Brussels Sprouts
- White Chicken Cacciatore** with Rice, Carrots and Yellow Squash with Onions
- Breaded Chicken Parmigiana** with Spaghetti, Corn/Red Pepper Blend and Zucchini
- White Chicken and Gravy** over Noodles, Corn and Broccoli
- Salisbury Steak & Gravy** with Red Wedge Potatoes, a Green Pea/Carrot Blend and Brussels Sprouts
- Meatball Stroganoff** over Noodles, Carrots and Broccoli
- Country Herb White Chicken** with Mashed Potatoes, Green Peas and a Lima Bean/Red Pepper Blend
- Macaroni and Cheese**, Black Bean, Corn and Red Pepper Blend and Cauliflower

\$28.00

Just 4 Me – After School Box

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lb. Chicken Fingers
- 1.5 lb. Mini Corn Dogs
- 1 (3.88 oz.) The BBQ "Sammich"
- 2 each (2.6 oz.) Chicken Sandwiches (2 packages with twin sandwiches)
- 4 (4 oz.) Hot Pockets
- 1 (12 ct.) Pizza Bites
- 1 (6 ct.) Cereal Bars
- 2 each (1.58 oz.) White Castle Hamburgers (2 packages with twin sandwiches)
- 3 (2.2 oz.) PBJ on Graham Wafer
- 2 (2.8 oz.) Peanut Butter and Jelly Jamwich

\$24.00

AUGUST SPECIAL #1

- Assorted Grill Box (6 lb.)** **\$24.00**
- 1 lb. Sirloin Strip Steaks (2 x 8 oz.)
 - 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
 - 1.5 lb. Mild Italian Sausage
 - 1.5 lb. Bacon-Wrapped Chicken Breast Fillet (4 x 6 oz.)

AUGUST SPECIAL #2

- Steak and Chicken Box (4 lb.)** **\$23.00**
- 2 lb. Ribeye Steaks (4 x 8 oz.)
 - 2 lb. Jumbo Chicken Breast (4 x 8 oz.)

AUGUST SPECIAL #3

- 12 ct. Gourmet Flavored Chicken Breast Box (4.5 lb.)** **\$22.00**
- 4 Italian Chicken Breast (6 oz. ea.)
 - 4 Teriyaki Chicken Breast (6 oz. ea.)
 - 4 Lemon Herb Chicken Breast (6 oz. ea.)

NEW!!! ALL NEW ITEM!!! NEW!!!

AUGUST SPECIAL #4

- Oven Ready Entrées by Angel Food** **\$24.00**
- 4 (2 lb.) Fully cooked Meals - Just Heat and Serve
 - 2 lb. Seafood Lasagna
 - 2 lb. Lasagna with Meat Sauce
 - 2 lb. Country Fried Steak with Gravy
 - 2 lb. White Chicken Noodle Casserole

NEW LOWER PRICE!!!

AUGUST SPECIAL #5

- Premium Fresh Fruit and Veggie Box** **\$21.00**
- 1 Cantaloupe
 - 4 Peaches
 - 4 Navel Oranges
 - 1 Mango
 - 1 Cello Head Lettuce
 - 1 lb. Cello Carrots
 - 2 lb. Yellow Onions
 - 3 lb. Idaho Potato
 - 20 oz. Fresh Green Beans
 - 1 Head Cabbage
 - AFM Fruit and Veggie Recipe Sheet



AUGUST SPECIAL #6

- Bit O' Blessing Box** **\$21.00**
- 16 oz. Stuffed Sandwiches (Assorted Flavors - 4 x 4 oz.)
 - 12 oz. Steaks (2 x 6 oz.) or 1.5 lb. Beef Roast or 2 lb. Mac & Beef Entrée
 - 1.5 lb. Country Fried Steak Patties
 - 1 lb. Ground Beef
 - 1 lb. Crunchy Fish Bites
 - 1 lb. Frozen Fruit or Green Beans
 - 1 lb. Rice

Orders Due/Distribution Day: **Contact Your Local Host Site***
**Please contact your local host site for information or visit our website to locate a host site near you www.angelfoodministries.com*



ORDER FORM

Please make checks/money orders payable to:
ANDREWS HOUSE

Order/Payment Deadline: Thursday, August 12, 2010 5:00pm

Distribution Date: Saturday, August 21, 2010
9:00am to 10:00am

*Pick up at Andrews House,
39 W. Winter Street, Delaware*

HOW TO ORDER:

- Order in person or online.* Deadline for online orders may be later than other methods. Check online at www.andrewshouse.org. * *Orders placed with Direction Card must be placed in person.*
- See current menu on back, select the boxes you would prefer and complete the form below
- All orders must be prepaid. We accept cash, check, money orders, or Direction Cards (food stamps) in person. Visa/MC/Discover/American Express are accepted online. (Internet access is available at Andrews House.)
- No refunds, no credit. Unclaimed food will be donated if not picked up at designated time.

Please bring a medium size box or laundry basket to pick up each "Signature Box" you order.

CONTACT INFORMATION:

Andrews House
740-369-4520
Mon.-Thurs., 9am-5pm

Contact:
Kendra Winemiller
kwinemiller@andrewshouse.org
<http://www.andrewshouse.org>



Andrews House – Angel Food Order

Please include this bottom section with your payment.
We need your phone number and email to contact you if necessary.

Name _____

Phone _____ E-Mail _____

Boxes available this month	Cost	Number of Each	Total Cost
Signature Box	\$29		
Convenience Meals	\$28		
Just 4 Me – After School Box	\$24		
Special #1 –Assorted Grill Box	\$24		
Special #2 –Steak & Chicken Box	\$23		
Special #3 – Gourmet Chicken Breast Box	\$22		
Special #4 – Oven Ready Entrees	\$24		
Special #5 – Fresh Fruit & Veggie Box	\$21		
Special #6-Bit O' Blessing Box	\$21		
<input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/> Direction Card EBT (Food Stamps)		TOTAL	